## East African Scholars Journal of Medicine and Surgery

Abbreviated Key Title: EAS J Med Surg ISSN: 2663-1857 (Print) & ISSN: 2663-7332 (Online) Published By East African Scholars Publisher, Kenya

Volume-5 | Issue-1 | Jan-2023 |

#### **Cases Report**

# **Pediatric Traumatic Pseudoaneurysm: Three Cases Report**

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> Article History Received: 23.11.2022 Accepted: 28.12.2022 Published: 10.01.2023

Journal homepage: https://www.easpublisher.com



**Abstract:** Pseudoaneurysms are post-traumatic anomalies affecting the vascular layers occuring usually after a trauma. Their treatment, consensual in the adults, lacks guidelines in the pediatric population due to rare cases in children. We report three cases of pediatric pseudoaneurysms treated surgically in our hospital.

**Keywords:** vascular surgery, trauma, pseudoaneurysm, surgical anastomosis, pediatric surgery.

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### **INTRODUCTION**

A false aneurysm or pseudoaneurysm is defined by the discontinuity of the arterial wall creating a pocket contained by adjacent tissues. It distinguishes itself from a true aneurysm where the arterial wall is intact [1, 2].

They are often post-traumatic or iatrogenic and their diagnosis is established after a latency period within days or years from the initial trauma depending on how quickly the pseudoaneurysm is formed or of the symptoms' intensity.

Ultrasound with doppler shows its interest in the diagnosis with a sensibility attaining 97%.

Management modalities of post-traumatic pseudoaneurysm (PTPA) are not well known within the pediatric population due to a lack of consensus regarding open surgery, the challenging character of such approach and the absence of long term results.

Thus, the therapeutic approach, usually surgical, has come to consider newer alternatives [4, 5].

Techniques such ultrasound guided compression repair or embolization with thrombin have arisen. We report three cases of pediatric traumatic pseudoaneurysm managed within our institution.

#### Case N° 1

A 15 year old male of rural origin without previous medical history, who sustained a month prior to his admission a penetrating trauma to the internal face of the left leg's lower third resulting in a one centimeter wound that was sutured.

Evolution was remarkable by the appariton of a pulsatile mass regarding the scar which prompted referral to our academic center.

- Physical examination retrieved a well-defined mass posterosuperior to the internal malleolus, measuring three centimeters of diameter, superficial, painful, beating and without a thrill at palpation. The mass was blowing at auscultation, Fig 1.
- The limb was otherwise warm, peripheric pulses present and symmetric particularly the tibial posterior pulse.

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Figure 1: Pseudoaneurysm inspection on physical examination (red arrow)

Arterial ultrasound found a hypoechogenic structure taking the color doppler and communicating with the posterior tibial artery directly through a three millimeter opening. The structure measured three centimeters, thus making us supect a traumatic pseudoaneurysm of the posterior tibial artery. Moreover, there was no downstream flow disturbance, Fig 2.



Figure 2: Sonographic image of the pseudoaneurysm

This patient underwent a surgical treatment, consisting of flattening the pseudoaneurysm (Figure 3)

with interposition of an autologous venous graft (Figure 4).



Figure 3: Surgical picture showing flattening of the pseudoaneurysm



Figure 4: Surgical picture following flattening and bypass with a venous graft (inverted internal saphenous vein)

Patient was put on therapeutic anticoagulation with unremarkable follow up and a short term favorable evolution.

#### Case 2

A year old female who sustained three months prior to her admission a glass shard at the medial part of the ankle posterior to the malleolus.

She was admitted due a ruptured pseudoaneurysm of the posterior tibial artery. Physical

examination a pale patient, heart rate: 80 beats per minute, low blood pressure.

Limb examination showed a retro-malleolus spurt of blood with absence of posterior tibial pulse and an otherwise warm limb.

The patient was admitted to the operation room upon initial resuscitation and stabilization. Surgery consisted on posterior tibial artery resection with end-to-end anastomosis.



Figure 5: Surgical picture following termino-terminal anastomosis of the tibial posterior artery (black arrow)

#### Case 3

A fourteen year old female, without previous medical history, who was stabbed to internal part of the thigh three months prior to her admission, resulting in a puncture wound that was sutured.

She was admitted for management of a posttraumatic pseudoaneurysm of the superficial femoral artery with a post traumatic arterio-venous fistula.

Physical examination found a pulsatile thrilling mass at the lower third of the thigh. Limb was warm, popliteal and distal pulses were absent.

CT angiography showed a posttraumatic arterio-venous fistula between the superficial femoral artery and the femoral vein at its middle third supplying a pseudoaneurysm measuring 110\*70 mm carrying a mural thrombus within its inferior pole, Figure 6.



Figure 6: Image scannographique du faux anérvrisme de l'artère fémorale superficielle avec FAV en reconstruction 3 D

Surgical management consisted of flattening the superficial femoral artery pseudoaneurysm, excluding the fistula, and reestablishing continuity with an end-to-end anastomosis of superficial femoral artery.

Postoperative follow up was simple with popliteal and distal pulses recovered. Short-term evolution was unremarkable.

### DISCUSSION

Vascular traumas in children and teenagers remains less frequent than those reported in adult, either 7% in Cormier Cohort [8] or 10% according to Gruss [9].

Indeed, all the published cohorts in the literature underline the scarcity of pediatric vascular trauma.

Post traumatic pseudoaneurysm formation in peripheral arteries is very rare and is generally a delayed sequelae of the initial trauma. The exact epidemiology of these posttraumatic pseudoaneurysms is not well known, most published studies in this subject being case reports [2].

The diagnostic delay varied from a few days to a few months, but often remotely form the trauma.

The most retrieved clinical presentation is the apparition of a pulsatile mass with swelling which was the case of our patient.

Among other clinical signs are those related to the compression of nearby structures and give evidence of a complicated pseudoaneurysm : swelling ,pain, paresthesia, acute limb ischemia, compartment syndrome, deep vein thrombosis and necrosis of the overlying skin.

Pseudoaneurysms can fissurate or rupture leading to hemorragic shock and death, thus requiring an urgent surgical intervention.

Physical examination finds a pulsating mass regarding the artery trajectory associated to a murmur at

auscultation and sometimes absence of peripheral pulses.

A thrill at palpation is a sign indicating an associated arterio-venous fistula [13]; an associated lesion which is very rare in the literature, representing 0% in Debeugny serie [11] and 5% in Evans serie [14].

The presence of inflamatory signes might be misleading as it may indicate a septic collection, though a thourough anamnesis and a rigorous physical exam can avoid such confusion which consequences can be dramatic [17].

Doppler ultrasound finds its interest in estabablishing the diagnosis with 97% sensibility. It shows the existence of a hypoechoic structure adjacent to the vascular axis, containing a typical swirling blood circulation, named the « ying-yang » sign, connected to the vascular lumen by a duct called the pseudoaneurysm's neck and supplied by a typical « come and go » blood flow pattern [16, 17]. Doppler ultrasound can further ascertain the pseudoaneurysm characteristics: size, compartments or lobes, neck's length and width [5].

CT-angiography has become the investigation of choice to detect pauci-symptomatic arterial lesions. It has become increasingly used in trauma, providing a global exploration and visualizing the lesion under every angle thanks to 3D reconstruction [12]. More evor, it allows discussion of the surgical approach based on axial images.

Arteriography is a more expensive and invasive modality than other imaging techniques. It is useful in case of diagnostic uncertainty and mostly to guide an intervention na radiology procedure (embolization, covered endo prothesis) which represents today the mainstay treatment to arterial trauma.

Treatment choice of pseudoaneurysms depends essentially on their localization and on their size [2].

There is few data regarding management of pediatric post-traumatic pseudoaneurysms. Fewer even are the papers dealing with their endovascular management in this context.

Management, usually surgical, aims to avoid ischemic and thromboembolic complications, rupture or neurological compression.

Repair techniques are rather similar to those of the adult, the pseudoaneurysm requiring exclusion and arterial circulation restored with bypass using an autologous venous graft or arterial resection with endto-end anastomosis if the resection area can be limited to three centimeters [19].

Some particularities regarding the growing child are however worth considering [5, 6]:

- Favoring the use venous graft, circulation restoration (direct or segmental resection with end-to-end anastomosis and avoiding ligature.
- Bypass if necessary must be performed with autologous grafts (great saphenous vein or hypogastric artery) whereas prothetic material should be used as a last resort.
- Suturing must use interrupted stitches on well approximated edges to avoid anastomotic stenosis.

Currently, endovascular techniques such as ultrasound guided compression or embolization with thrombin injection are being used.

The first paper was published in 1999 about a pseudoaneurysm without an associated arterio-venous fistula which was successfully embolized with a coil [20].

Endovascular techniques aim to exclude the pseudoaneurysm from the circulation. They can be divided in two major categories: coil embolization and endovascular stenting.

Covered stents exclude false lumens and favors thrombosis allowing all the same a distal flow [2]. However, their use in small caliber arteries such as infra-popliteal arteries is limited by the lack of availability of small diameter stents and by the their low permeability and hence high restenosis probability [21].

US guided compression was firs described in 1991 by Fellmeth *et al.*, [22]. It is a technique effective on superficial localizations, but remains limited due to its frightening complication. Embolization with ultrasound guided thrombin injection is an other option [10].

Newer techniques certainly represent a less invasive therapeutic approach, especially in polytraumatic patients and urgent cases. The pediatric experience remains limited due to lack of short and long term data. Open repair repair remains the treatment of choice.

### CONCLUSION

Pseudoaneurysms associated or not to arteriovenous fistula are the evolution of untreated arterial trauma. Their management is usually surgical. The suggested newer techniques seem rather safe and effective and have significantly reduced the morbimortality associated with conventional surgery. Moreover, the scarcity of these lesions makes it difficult to conduct randomized-control trials.

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**Cite This Article:** Kouzmane Ikram, Issoufou Niandou Moussa, Naouli Hamza, Jiber Hamid, Bouarhroum Abdellatif (2023). Pediatric Traumatic Pseudoaneurysm: Three Cases Report. *East African Scholars J Med Surg*, 5(1), 1-6